SAMPLE MENU

PLATIAU BACH

Serving
Monday - **Sunday**
4:30pm - 9pm

Sunday - Thursday
3 Small plates & small glass of house wine
£20

FROM THE LAND

- Potatas Bravas (VG) (GFO) 5.00
- Halloumi Fries With Chilli Chutney (GFO) 5.25
- A Selection Of Breads Served With Olives, Oil & Vinegar (VG) 5.50
- Roasted Red Pepper Hummus & Tomato Bruschetta (VG) 5.25
- Watermelon & Goats cheese Salad With Pine Nuts & Maple Dressed Rocket (VGO) (GF) 4.75
- Cheese Croquettes With A Sundried Tomato Puree (V) 5.00
- Kimchi & Leek Bhaji's With A Mango Chutney (VG) 5.50
- Falafel, Paprika Hummus & Sweet Drop Peppers (VG) 5.00

FROM THE FIELD

- Steak Au Poivre (served medium rare) (GFO) 7.25
- De Chansac Carignan Braised Chorizo 6.50
- Confit Duck & Hoisin Tart, Sweet & Sour Peppers, Sesame Crisp 7.00
- Lamb & Cheese Flatbread With Tahini 6.50
- Sticky Orange Chicken Wings (GFO) 6.00

FROM THE SEA

- King Prawns With Tomato & Chilli Sauce (GFO) 6.95
- Crispy Fried Penclawdd Cockles (GFO) 4.95
- Grilled Calamari With Garlic, Chilli & Lime Sauce (GF) 6.50
- Cured Mackeral Crostini With Shallots, Cucumber & Lime 6.95
- Breaded Snapper With Pink Peppercorn & Saffron Aioli 6.50

SHARER

(ideal for two)

- Camembert Sharer With Honey And Rosemary, Toasted Bread, Crackers And Chutney (V) 18

PLEASE INFORM A MEMBER OF STAFF IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS

SAMPLE MENU

ESTUARY BRUNCHES

(Available until 4pm)

THE ESTUARY STACK: £9
Toasted Sourdough With Smashed Avocado, Smoked Streaky Bacon, Goats Cheese, Two Barn Poached Eggs & Chipotle Chilli Chutney

THE MEAT STACK: £9.50
Toasted Sourdough With Carignan Braised Chorizo, Smoked Streaky Bacon, Smokey Tomato Sauce and Two Barn Poached Eggs

THE VEGAN STACK: £8
Toasted Sourdough,Red Pepper Hummus, Broad Beans, Tomato, Pak Choi & Crispy Chickpeas

THE WELSH BRUNCH: £9.50
Toasted Sourdough, Welsh Laverbread Cake, Smoked Streaky Bacon, Seasoned Cockles and a Barn Poached Egg

EGGS ON TOAST: £5
A Choice Of Poached, Fried Or Scrambled

GRANOLA BOWL: £7.50
House made granola, Berry Panna Cotta, Greek Yoghurt, Dried Fruit & Matcha Tea Gel

LOADED FRIES

(Available 11am until 4pm)

Skin On Rosemary Fries Served With One Of The Choices Below:

- BBQ Pulled Pork: £8

- Beef Chilli Con Carne: £9

- Smoked Bacon & Cheese Sauce £7

LUNCHES

(Available from 11am until 4pm)

All burgers served in a pretzel bun and comes with rosemary salted fries & homemade slaw

The Kevin Bacon: £13
Two Smashed Beef Patties, Smoked Bacon, Cheese, Tomato, Lettuce & Red Onion

The Eager Vegan Burger: £12
Lentil & Spinach Burger, Vegan Sriracha Mayo, Tomato, Lettuce & Red Onion

The Clucker: £13.50
Buttermilk Chicken Breast, Smoked Bacon, Cheese, Black Pepper Mayo, Tomato, Lettuce & Red Onion

The Codfather: £14.50
Thai Cod & Prawn Fishcake, Toasted Nori Mayo, Tomato, Lettuce & Red Onion

Extra Toppings:
BBQ Pulled Pork ***£3*** */ Extra Cheese* ***£1*** */ Extra bacon* ***£2***

Veggie Bowl: £8
Smashed Avocado, Falafel, Crispy Chickpeas, Feta, Carrot, Black Beans & Salad Leaf

Steak Salad: £10
6oz Steak,Tomato, Red Onion, Cucumber, Carrot, Mustard Dressing & Salad Leaf

Grilled Chicken Salad: £10
Breaded Chicken,Tomato, Red Onion, Cucumber, Carrot, Mustard Dressing & Salad Leaf

SOURDOUGH TOASTIES

(Available until 4pm)
ALL SERVED SALTED TORTILLA CHIPS

THE STAPLE ONE: £8.50
Smoked Streaky Bacon, Brie & Chilli Chutney

THE VEGGIE ONE: £7.50
Avocado, Halloumi & Sweet Chilli

CROCE MONSEURE: £8.50
Ham & Cheese

THE STEAK CLUB: £12.50
6oz Rump Steak, Cheddar Cheese, Housemade Red Onion Chutney & Smoked Streaky Bacon

Extras: Onion Rings £3.50 | Garlic Bread £3 | Cheesy Garlic Bread £3.50 | Rosemary Salted Fries £3

PLEASE INFORM YOUR SERVER OF ANY ALLEGIES OR DIETARY REQUIRMENTS

THE ESTUARY
BAR & ROOMS

COCKTAILS £7 EACH

ESPRESSO MARTINI
VODKA, TIA MARIA. ESPRESSO, VANILLA

APEROL SPRITZ
APEROL, PROSECCO, SODA

OLD FASHIONED
WHISKEY, ANGOSTURA BITTERS, SUGAR

NEGRONI
GIN, CAMPARI, SWEET VERMOUTH

AMARETTO SOUR
AMARETTO, SUGAR SYRUP. LEMON JUICE

ESPRESSO MOR-TINI
MOR-LADRON, TIA MARIA, ESPRESSO, VANILLA

WHITE RUSSIAN
VODKA, MERLYN, TIA MARIA

COSMOPOLITAN
VODKA, COINTREAU, LIME. CRANBERRY JUICE

WALNUT & MAPLE OLD FASHIONED
WHISKEY, MAPLE SYRUP, WALNUT BITTERS

THE ESTUARY
BAR & ROOMS

Red

	125ML	250ML	BOTTLE
DE CHANSAC CARIGNAN **FRANCE**	4.00	7.00	18.95
SOLDIER BLOCK SHIRAZ AUSTRALIA	4.00	7.00	18.95
SIERRA ALTA MALBEC **ARGENTINA**	4.25	7.95	21.95
CUNE RIOJA CRIANZA SPAIN	4.50	8.00	22.95
ROCCIALTA CHIANTI RISERVA ITALY			25.00
CHATEAU LA TUILERIE DU PUY **BORDEAUX SUPERIEUR** FRANCE			25.00

White

CASTELLO DEL MOTO **SAUVIGNON BLANC** SPAIN	4.00	7.00	18.95
MIRABELLO PINOT GRIGIO ITALY	4.00	7.00	18.95
PAUL MAS VERMENTINO FRANCE	4.00	7.00	18.95
TARINGI **SAUVIGNON BLANC** NEW ZEALAND	4.75	8.25	23.95
LOUIS JADOT CHABLIS FRANCE			42.00

Rose

SUTTER HOME ZINFANDEL USA	4.00	7.00	18.95
MIRABELLO PINOT GRIGIO **ROSE** ITALY	4.00	7.00	18.95

Sparkling

LUNETTA PROSECCO ITALY	**VEUVE CLICQUOT** FRANCE	**VEUVE CLICQUOT ROSE** FRANCE
200ml 6.95 **750ML** 22.95	59.95	69.95