LUNCH MENU

Serving Monday - Saturday 12pm - 3:30pm

SOURDOUGH TOASTIES **BURGERS AND LOADED FRIES**

All served with salted crisps All burgers served in a pretzel bun with Upgrade to fries instead of crisps for £2.00 rosmary salted fries & house made vegan slaw

THE STAPLE ONE : £9.50 Smoked streaky bacon, brie & chilli

chutney (GFO)

THE VEGGIE ONE : £8.50

CROQUE MONSIEUR : £9.50 Ham and cheese

THE STEAK CLUB : £12.50

6oz Rump steak, cheddar cheese, chipotle chilli & smoked streaky bacon (GFO)

SALADS

CHICKEN CAESAR SALAD : £9.50

Chicken breast served with romaine lettuce, gran padano cheese, croutons and a Caesar dressing

VEGGIE BOWL : £8

Smashed avocado, falafel, crispy chickpeas, feta, carrot, cherry tomatoes and rocket (VGO)(GFO)

SIDES

ROSEMARY SALTED FRIES (GFO) (VG) : £3.50 GARLIC BREAD (V) : £3 GARLIC BREAD WITH CHEESE (V) : £3.50

THE KEVIN BACON BURGER : £14

Two smashed beef patties, smoked streaky bacon, cheese, tomato & lettuce

THE EAGER VEGAN BURGER : £13

Avocado, halloumi & sweet chilli (GFO) Quinoa & edamame burger, vegan sriracha mayo, tomato & lettuce (VG)

THE CLUCKER BURGER : £14.50

Buttermilk chicken breast, smoked streaky bacon, cheese, black pepper mayo, tomato & lettuce

BBQ PULLED PORK LOADED FRIES : £9

Slow cooked BBQ pulled pork shoulder served on top of skin on rosemary salted fries

BACON AND CHEESE LOADED FRIES : £9

Smoked streaky bacon pieces with a homemade cheese sauce on top of skin on rosemary fries

MIXED BEAN LOADED FRIES : £8

Mixed bean chilli on top of skin on rosemary fries (VG)

EXTRA BURGER TOPPINGS

BBQ PULLED PORK £3 / EXTRA CHEESE £1 / SMOKED STREAKY BACON £2

BREAKFAST AND **BRUNCH MENU**

Serving Monday - Saturday 10am - 3:30pm

ESTUARY BREAKFAST: £9.50

2 pieces of smoked streaky bacon, 1 pork and leek sausage, 1 fried egg, mini hash browns, roast cherry tomatoes, mushrooms black pudding, baked beans & sourdough toast.

LARGE ESTUARY BREAKFAST: £12.50

4 pieces of smoked streaky bacon, 2 pork and leek sausages, 2 fried eggs, mini hash browns, roast cherry tomatoes, mushrooms black pudding, baked beans & sourdough toast.

VEGGIE ESTUARY BREAKFAST: £10

Glamorgan sausage, 2 fried eggs, roast cherry tomatoes, baked beans, mini hash browns, mushrooms, toasted sourdough (VGO)

BRUNCH BURGER: £8.50

Sausage patty, smoked streaky bacon, black pudding, fried egg & sriracha mayo in a pretzel style bun

BRAISED BEEF & CHORIZO BOWL: £11

Braised chunks of beef with chorizo, mixed beans, onion, peppers and tomatoes, served with a fried egg and toasted sourdough.

BACON OR SAUSAGE ROLL: £6.50

A choice of smoked bacon or pork & leek sausages in a pretzel style bun.

THE ESTUARY STACK : £9.50

Toasted sourdough with smashed avocado, smoked streaky bacon, goats cheese and two free range poached eggs served with chipotle chilli chutney (GFO) (VO)

THE MEAT STACK : £10.50

Toasted sourdough with Gran Tesoro red wine braised chorizo, smoked streaky bacon, tomato sauce and two free range poached eggs (GFO)

THE WELSH BRUNCH : £11

Toasted sourdough, laverbread sausage, smoked streaky bacon, seasoned cockles and a free range poached egg

THE ESTUARY VEGAN BRUNCH : £8

Mixed bean chilli with spinach and hummus on sourdough toast served with chipotle chilli chutney (VG)(GFO)

BREAKFAST BAGUETTE : £8.50

Smoked streaky bacon, pork and leek sausage, cheddar cheese and mini hash browns served in a toasted baquette

POACHED EGGS ON TOAST : £6

Two poached eggs served on sourdough toast (GFO)(V)

EXTRAS

Poached egg	£1.50	Pork & Leek Sausage	£3
Sourdough Toast (2 pieces) (GFO)	£2	Smashed Avocado (VG)	£3
Mini Hash Browns (V)	£2	Halloumi (V) (GFO)	£3
Black Pudding	£3	Smoked Streaky Bacon (GFO)	£3

Serving Monday - Thursday 4.30pm - 8.00pm Friday - Saturday 4.30pm - 9.00pm Monday - Saturday

3 Small plates & a Large glass of house wine £23.50

SMALL PLATES

	- Patatas Bravas with Sriracha Mayo (VG)(GFO)
	- Halloumi Fries with Chilli Chutney (V) (GFO)
	- A Selection of Breads Served with Olives, Oils & Vinegar (VG)
From the Land	- Padron Peppers with Nori Salt (V)(GF)
	- Roast Squash, Crispy Chickpeas, Kale, Maple Roasted Pecan Salad (VG)
	- Tempura Cauliflower with a Teriyaki Dipping Sauce (VG)
	- Sweet Potato Falafel, Hummus, Balsamic Onions (VG)(GFO)
	- Miso Mushrooms served on Sourdough Toast with Sesame Oil (VG)
	- Welsh Cheese Croquettes with Garlic Aioli (V)
	- Rump Steak with Bordelaise Sauce(served pink or well done) (GFO)
From the Field	- Crispy Chicken Katsu Curry Bao Buns
	- Chinese Style Spare Ribs (GFO)
	- Honey BBQ Chicken Wings (GFO)
	- Lamb Kebab with Harissa Yoghurt (GF)
	- King Prawn & Chorizo with a Tomato Sauce(GF)
	- Crispy Fried Cockles (GFO)
From the Sea	- Crispy Fried Cockles (GFO) - Crispy Coated Calamari in a Garlic, Chilli & Lime Sauce (GFO)
From the Sea	
From the Sea	- Crispy Coated Calamari in a Garlic, Chilli & Lime Sauce (GFO)
-(- Crispy Coated Calamari in a Garlic, Chilli & Lime Sauce (GFO) - Breaded Whitebait with a Lemon Pepper Mayo (GFO)

1 course £15.95 | 2 course £17.95 | 3 course £19.95 Children's - 1 course £8.95 | 2 course £9.95 | 3 course £10.95

Takeaway dinners available! Just ask your server!



SAMPLE MENU

Sunday Lunch

<u>Starters</u>

-Soup of the Day (VG) (GFO) -Prawn Cocktail with Marie Rose Sauce -Breaded Brie Wedges with Tomato Chilli Chutney -Pea & Potato Croquettes with Sriracha Mayo (GFO) (V)

<u>Mains</u>

All mains come with : Roasties, Stuffing, Yorkshire Pudding, Cabbage, Roasted Carrots & Parsnips, New Potatoes & Peas

<u>Extras</u>

-Cauliflower Cheese £3.50 -Extra Roasties £2.50 -Mashed Potato £2.50 -Extra Yorkshires £1.50 -Extra Stuffing £1.10 -Pigs in Blankets £4.50 -Upgrade to 2 Meats £5.00 -Upgrade to 3 Meats £6.00 -Chicken -Pork -Beef -Butternut Squash & Lentil Wellington

<u>Dessert</u>

-Chef's Crumble -Chocolate Fudge Cake -Cheesecake of the Day

With a choice of Gower gelato, custard or cream

-Sticky Toffee Pudding with Toffee Sauce



LEASE CONTACT US FOR PRIVATE PARTIES AND FUNCTIONS. ASK A MEMBER OF STAFF FOR MORE INFO

> TEL: 01792 850777 FO@GGSGELATO.

SUNDAES I DID IT MY WAY **BUILD YOUR OWN SUNDAE - £9.50**

TOPPED WITH WHIPPED CREAM & WAFER!

1. CHOOSE THREE SCOOPS Of Gelato From Our Counter

2. CHOOSE THREE TOPPINGS

Honeycomb, Fudge Pieces, Chocolate Sprinkles, Maltesers, Marshmallows, 100's & 1000's, Hazelnuts, Pistachio

3. CHOOSE YOUR SAUCE

Warm Nutella, Warm Chocolate, Salted Caramel, Fruit Coulis, Peanut Butter, Strawberry, Toffee



THE UTTERLY NUTTER

Peanut Butter Gelato, Vanilla Gelato, Ferrero Rocher Gelato. Topped With Snicker Pieces, Whipped Cream, Hazelnuts, Finished With Peanut Butter Sauce & A Wafer.

THE HARLEQUIN

£8.95

£8.95

Vanilla Gelato, Strawberry Gelato, Chocolate Gelato. Topped With Strawberries, Mini Maltesers, Finished With Strawberry Sauce, Chocolate Sprinkles & A Wafer.

THE CHOCOHOLIC

£8.95

Bueno Gelato, Ferrero Rocher Gelato, Chocolate Gelato. Topped With Bueno Stick, M&M's & Whipped Cream, Finished With Hot Chocolate Sauce & A Flake.

£8.95

HOMEMADE SWEET WAFFLES All Served With Our Milk Gelato & Whipped Cream

£7.75

THE CLASSIC Just Lemon & Sugar

NUTELLA £8.45

Warm Nutella Sauce & Hazelnuts BANANATELLA £8.95

Sliced Banana, Warm Nutella Sauce & Hazelnuts

£8.95 **GALAXY CARAMEL** Warm Chocolate Sauce, Caramel Sauce & Galaxy Caramel Chunks

STRAWBERRY & NUTELLA Strawberries & Warm Nutella Sauce

STRAWBERRY &

BELGIAN CHOCOLATE Strawberries & Belgian Warm Chocolate Sauce

ALL THE BERRIES

Blueberries, Raspberries, Strawberries, Sugar & Fruit Coulis

£8.95 UTTERLY NUTTERLY

Snicker Pieces, Peanut Butter Sauce & Warm Nutella Sauce

BISCOFF Warm Biscoff Sauce & Biscoff Crumb

DO IT HOW YOU LIKE

UPGRADE TO ANOTHER FLAVOUR GELATO FOR 99P, DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.25 EACH & ADD EXTRA TOPPINGS FOR 99P.

£8.95

£8.95

£8.95

NDAES

VERY BERRYLICIOUS

2 Scoops Of Cherry & White Chocolate Gelato, Strawberry Gelato. Topped With Mixed Berries & Whipped Cream, Finished With Raspberry & Blueberry Coulis & A Wafer.

STRAWBERRIES & CREAM £8.95

2 Scoops Of Strawberry Gelato, Vanilla Gelato. Topped With Sugar Coated Strawberries & Whipped Cream, Finished With Strawberry Sauce & A Wafer

BISCOFF SUNDAE

3 Scoops Of Vanilla Gelato Topped With Biscoff Sauce, Biscoff Crumb, Biscuits & A Wafer.

DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.00 EACH

THE GOWER PIGLET SERVES 2-3

Salted Caramel Gelato, Vanilla Gelato. Chocolate Gelato, Bueno, Gelato, Ferrero Rocher Gelato, Served With Two Waffles. Topped With Snicker Pieces, M&M's, Maltesers, and Bueno Stick. Finished With Whipped Cream, Warm Chocolate Sauce & Two Flakes. £16.95

THE GOWER PIG

Two Scoops Of Salted Caramel Gelato, Two Scoops Of Chocolate Gelato, Two Scoops Of Bueno Gelato, Two Scoops Ferrero Rocher Gelato, Served With Four Waffles. Topped With Snicker Pieces, M&M's, Maltesers & Bueno stick. Finished With Whipped Cream, Warm Chocolate Sauce & Two Flakes.

£26.95

£8.95

SERVES 4-5

£8.95



FIND US ONLINE TO KEEP UP WI LL OUR NEWS AND EVENTS

@GGSGE

EL: 01792 850777 NFO@GGSGELATO.CO.U BELLEVUE. PENCLAWD



THE CLASSIC Just Lemon & Sugar	£7.25
NUTELLA Warm Nutella Sauce &	£8.25
Hazelnuts BANANATELLA Sliced Banana, Warm Nutella	£8.25
Sauce & Hazelnuts GALAXY CARAMEL	£8.25
Warm Chocolate Sauce, Caran Sauce & Galaxy Caramel Chur STRAWBERRY &	

NUTELLA Strawberries & Warm Nutella Sauce

DO IT HOW YOU LIKE

All Served With Our Milk Gelato & Whipped Cream

ALL THE BEI

Blueberries, Ro Strawberries.

UTTERLY NU

Snicker Pieces. Sauce & Warm

BISCOFF

Warm Biscoff Crumb

STRAWBERRY &

BELGIAN CHOCOLATE

Strawberries & Belgian Warm **Chocolate Sauce**

UPGRADE TO ANOTHER FLAVOUR GELATO FOR 95P, DOUBLE UP ON YOUR CHOSEN FILLINGS FOR £1.20 EACH & ADD EXTRA TOPPINGS FOR 95P.

MILKSHAKE SHAKE IT UP

PICK A GELATO AND WE WILL DO THE REST

Without Whipped Cream £4.95 With Whipped Cream £5.95



COKE FLOAT With A Scoop Of Our Vanilla



RRIES	£8.25
aspberries,	
Sugar & Fruit Coulis	
JTTERLY	£8.25
, Peanut Butter	
n Nutella Sauce	
	£8.25
	20.25
Sauce & Biscoff	

£8.25

£4.95 OFT DRINKS COKE, DIET COKE, SPRITE, ZERO, ORANGE FANTA £3.20